

CCHCs should be knowledgeable about:

- ◆ Relevant regulations, laws, and standards
- ◆ National health and safety standards
- ◆ Updates on Health and Safety
- ◆ Medication Administration
- ◆ Infection Control, Sanitation, and Immunization
- ◆ Children with Special Health Needs
- ◆ Managing Challenging Behavior in Children
- ◆ Emergency Preparedness
- ◆ Pediatric First Aid and CPR
- ◆ Quality Indicators
- ◆ Growth and Development
- ◆ Injury Prevention and Safe Active Play
- ◆ Environmental Health
- ◆ Pediatric Nutrition and Food Safety
- ◆ Oral Health
- ◆ Consultation Skills
- ◆ Community Health Resources

For more information, contact:

ECELS-Healthy Child Care PA

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(800-243-2357)

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Select content derived from [CFOC Standards Database | National Resource Center \(nrckids.org\)](#). See source for additional information on the role of the Child Care Health Consultant.



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How to Choose and Use a Child Care Health Consultant

A Child Care Health Consultant (CCHC) is a health professional who works with early education and school-age practitioners to recognize and promote the health and safety of children, families, and their teachers.



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Who can be a CCHC?

Child Care Health Consultants should be licensed or certified health professionals with knowledge in pediatrics and developmentally appropriate health and safety practices for non-parental child care. Examples of health professionals who may have the necessary knowledge and skills to be a child care health consultant include: nurses, nurse practitioners, physicians, health educators, oral health professionals, nutritionists, and sanitarians.

Who can you ask to help find a CCHC?

- ◆ ECELS-Healthy Child Care PA
- ◆ Regional Early Learning Resource Center (ELRC)
- ◆ Local health agency/clinic
- ◆ Children's hospital



What Qualifications should a CCHC have?

- ◆ Current PA health professional license or certification recognized as a current health professional credential for that type of health professional
- ◆ Knowledge of and respect for, the education/child care profession
- ◆ Knowledge of pediatric health care, child development, community resources, local, and state child care regulations

CCHC should be able to perform these activities:

- ◆ Assess knowledge of health, development, and safety
- ◆ Offer trainings
- ◆ Conduct a comprehensive indoor/outdoor health and safety assessment and on-going observations of ECE programs
- ◆ Develop or update policies and procedures
- ◆ Review health records of child and staff
- ◆ Assist staff, caregivers, and parents to support children with behavioral, social, and emotional problems, and those with special health care needs

What does a Child Care Health Consultant do?

- ◆ Conduct direct observation of health, safety and nutrition practices in early learning and school-age settings
- ◆ Provide on-site, virtual and/or phone consultation
- ◆ Link children, families, and child care providers with community health resources, (e.g., health screenings, health insurance, mental health)
- ◆ Help develop policies
- ◆ Provide nutrition/feeding information
- ◆ Provide communicable disease advice/guidance
- ◆ Provide health and safety technical assistance and professional development
- ◆ Help implement instructions from health care providers
- ◆ Maintain collaborative relationships with program staff and families
- ◆ Help programs meet quality criteria for accreditation and recognition

Keystone STAR 3 & 4 programs working on policies with a child care health consultant are eligible for points. (LM.3.4.10)